

## Bruce P. Robinson, MD, FAAD

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### **Instructions for Klisyri Application**

(After Treatment of a Basal or Squamous Cell Carcinoma with Fraxel Laser)

#### ☾ **Night Routine (Starting tonight, for 5 nights total):**

Beginning the night of your treatment...

1. Rinse treated area lightly with water and a soft washcloth
2. Apply Klisyri to the entire affected area that was treated (about a quarter size around the site) before bed. You will likely not use the entire contents of the packet. Make sure to rub into skin. Do not rinse the area after applying.
3. Do not touch eyes or mouth after use. Wash hands immediately after application.
4. Do not cover the area (no bandages).
5. Do not get affected area wet for at least 8 hours after application
6. Repeat for 4 additional consecutive nights (5 nights total)
7. It is common to experience mild redness, irritation, and/or crusting at the affected area. See example in the photo below.

#### ☀ **Morning Routine (Starting tomorrow morning, continue until site is COMPLETELY healed)**

1. Lightly wash the treated area with soap and water. Cover with Aquaphor or Vaseline ointment and a bandaid.

#### ☾ **Night Routine (Beginning the 6th night, continue until site is COMPLETELY healed)**

1. Start dilute hydrogen peroxide soaks at night. Follow the detailed instructions on the wound care sheet on the back. Cover with ointment and a bandaid overnight.

Please return to our office for follow-up appointments at 1 month, then every 6 months thereafter for skin exams and to track progress and ensure the clearance of your skin cancer. Please call us with any questions.



## WOUND CARE

Please observe the following guidelines for cleaning and caring for your wound. Your cooperation in aftercare will prevent infection and promote the best possible healing.

### MORNING:

- Remove the bandage
- Wash the area **lightly** with a gentle, fragrance-free soap and water
- Pat the area dry, then cover with ointment (Aquaphor or Vaseline) and a bandaid.

### NIGHT (Starting the 6th night, *AFTER YOU FINISH THE 5 NIGHTS OF APPLYING THE KLISYRI MEDICATION*)

- Remove the bandage
- Pour a **cap full** of hydrogen peroxide into a bowl followed by a glass of warm water into the same bowl
- Soak a wash cloth with the solution and apply it directly to the treatment site for **5-10 minutes**. This will facilitate the removal of any crusting and help prevent infection.
- A yellow discharge may be seen on the removed bandage. This is normal.
- Gently rub the wound site with the soaked washcloth to remove any loose crusts (**Do not pull off the scab!**)
- Pat the wound dry and apply a thin layer of Aquaphor or Vaseline. Avoid antibiotic ointments as they can cause an allergic reaction.
- Cover the wound with a new bandage (i.e. Band-Aid, or non-adherent pad and paper tape). Avoid using gauze as this will stick to the wound and may cause bleeding and pain when removed.
- Rotate the adhesive of the new bandage so the skin does not become irritated.

**Repeat** the wound care until the site is COMPLETELY healed (This can take up to 4 weeks in some cases).

## WHEN TO CALL THE DOCTOR:

212-750-7121

- 1) If the wound **bleeds** after surgery, apply constant pressure for fifteen minutes. Afterwards, if the bleeding does not stop, call the doctor.
- 2) If the wound **swells** after surgery, call the doctor.
- 3) If **fever or severe pain** occurs after surgery, call the doctor.
- 4) Infection is seldom a problem but is usually indicated by increasing tenderness, swelling, or pain and perhaps discharge/drainage from the wound.