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### Ear Piercing After Care Instructions

Please note that 99% of any problems arising from ear piercing result from poor after care. It is vital that you follow the easy "After Care Instructions" here to ensure proper healing and complete satisfaction with your newly pierced ears.

1. Earrings should fit loosely. **TIGHT EARRINGS COULD CAUSE INFECTION.** If earrings feel snug, loosen by turning the back and pulling slightly.
2. Turn earrings completely around, twice daily. **DO NOT REMOVE EARRINGS.** Cleanse earlobes twice daily using a clean cotton swab with hydrogen peroxide.
3. After shampooing hair, be sure all soap is completely rinsed from earlobes. Cover earlobes when using hair spray, spray cologne or hair coloring. Keep hair away from the earlobes whenever possible during the healing period.
4. Leave original earrings in for four to six weeks. For the first six months, do not go longer than 24 hrs without earrings; otherwise the holes could begin to close.
5. Take extra care when removing clothing over the head or brushing hair, so that earrings don't get caught. Exercise care when participating in sports or rough play.

**NOTE:** Pain, redness or swelling is not a normal result of ear piercing. If you feel discomfort, check to see if earrings are too tight. Loosen, if necessary, as instructed above and increase cleansing with hydrogen peroxide. Cleanse three times a day; follow with a dab of Mupirocin antibiotic ointment on front and back of earlobes. If redness or swelling persists, remove earrings, continue using Mupirocin antibiotic ointment and call us @ 212-750-7121 to schedule an appointment.