

Bruce P. Robinson, MD, FAAD

Diplomate American Board of Dermatology
121 East 60th Street, Second Floor
New York, New York, 10022

Website; www.BruceRobinsonMD.com

Tele: 1 (212) 750 – 7121

Email: info@brucerobinsonmd.com

Domeboro Solution

- 1) Domeboro is available as powder packets or effervescent tablets. **DO NOT PURCHASE PRE-MADE SOLUTION!**
- 2) Dissolve one tablet or one packet in 12 ounces of water. Do not strain or filter the solution. It is normal for the ingredients not to fully dissolve and settle to the bottom.
- 3) Take an old sheet or pillowcase and wet it with the solution. Wring out until damp. **Do not use a towel or wash cloth**, it will take too long to dry. A thin sheet or pillowcase must be used so it dries quickly.
- 4) Apply the sheet or pillow case to the affected area for 15 to 30 minutes and allow to air dry.
- 5) Repeat 2 to 3 times per day.
- 6) Prepare a “new” Domeboro solution for each use. Always discard the remaining solution after each use.

For external use only. Avoid contact with the eyes. **Do not** cover wet dressing with plastic. For more information regarding skin conditions please visit our website @ www.bruceRobinsonmd.com.